Continuum Connector

Place a mark on the line to indicate where you see yourself along the continuum for each pair of words.

Morning Person	⟷	Evening Person
Careful Planning	⟷	In the moment
Appetizer	⟷	Dessert
Confront Conflict	⟷	Avoid Conflict
Excitable or Passionate	⟷	Steady, Calm
Introvert	⟷	Extravert
Firm	⟷	Flexible
Resist Change	⟷	Embrace Change
Calm the waters	⟷	Stir the Pot
Attention to Detail	⟷	Big Picture
Enjoy Chaos	⟷	Enjoy Order
Ask for Help	⟷	Do it on my own